

BROOKFIELD PUBLIC SAFETY ADVISORY COMMITTEE

JUNE 2026 SAFETY TIPS

These tips are intended for residents, visitors and property owners of Brookfield, VT but may apply to neighboring towns as well.

- **SUNBURN-** In early Summer, folks like to strip down and take in the sun after a long winter and chilly Spring. Please use sun block and discretion. Do not try to get your summer tan all in one or two exposures. Be mindful of the threat of skin cancer.
- **FLYING AND BITING INSECTS-** Consider a hat or head net. They are relatively inexpensive and will work best with a hat. Check with your favorite hardware or sporting goods store.
- **TICKS-** They are alive and well and carry various serious diseases. Go to <http://www.healthvermont.gov/disease-control/tickborne-diseases/information-ticks-vermont> for more information on prevention and care. We encourage you to consider treated garments such as tick gaiters.
- **SEVERE WEATHER-** Summer has its own list of possible harmful weather events to include thunder storms, flash floods, drought and high wind events. We urge you to have at least one source of weather alert information and to check it or them often, particularly when you are outdoors. Here is the National Weather Service link for this area. Check for the Hazardous Weather Outlook. You can focus it to Brookfield or any other area you might be visiting.
<https://forecast.weather.gov/MapClick.php?lat=44.0272585&lon=-72.5981175>
Also Consider Signing up for VT Alerts. Go to <https://vem.vermont.gov/vtalert> and sign up. It is free and helpful.
- **SWIMMING-** Swim in pairs and groups and be aware of what your swimming ability is, particularly early in the season when you have not regained your full swimming fitness. Be extremely cautious about diving or jumping into water that you do not know the depth or the obstacles lurking beneath the surface. If you see a person in trouble in the water, try to affect a safe rescue. Reach something to them like a life preserver, rope, towel, long stick, etc. For more safety tips go to:
<http://www.healthvermont.gov/emergency/injury/water-safety-vermont> or
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety/swim-safety.html>

- BOATING- The following are the law!
 - All vessels, except sailboards, must carry one wearable U.S. Coast Guard (USCG)–approved Type I, II, III, or V personal flotation device (PFD), sometimes called life jacket, for each person on board.
 - In addition to the above requirement, vessels 16 feet in length or longer must have one USCG–approved throwable device on board and readily accessible.
 - Children under 12 years of age must **wear** a USCG–approved Type I, II, or III PFD at all times while underway on the open deck of any vessel.
 - Vermont law prohibits anyone from boating while intoxicated (BWI) due to alcohol, drugs, or any combination.
 - For more information on Vermont boating laws go to: [Get your Vermont Boating License & Safety Course | Boat-Ed](#) or [A Boater's Guide to the Federal Requirements for Recreational Boats \(uscgboating.org\)](#)

- ENJOY YOURSELF BUT BE CAUTIOUS!

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